

Daily Schedule:

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| 6.30 - 7.00 | time to get everyone up and diaper change |
| 7.00 - 7.30 | Breakfast |
| 7.30 - 8.00 | Wash and dress |
| 8.30 | School run |
| 9.15 | Home and quick tidy while little one plays |
| 10.30 | Grocery shopping trip Check diaper first |
| 11.30 | Back home and organized activity with little one |
| 12.15 | Lunchtime |
| 12.45 | Diaper change and toddler nap while you tidy up |
| 2.00 | Wake up and diaper check drink time for both |
| 2.30 | Afternoon play visit park, meet with friends |
| 3.30 | Diaper change and then school run |
| 4.15 | Back home drink snack and playtime |
| 5.30 | Evening Meal |
| 6.30 - 7.00 | Bathtime, story then bed |
| 7.00 | Your time to rest and catch up |